

ORAL THERMAL IMAGING PROTOCOLS/CONSENT FORM

General:

1. You cannot be sunburned or have a fever when you come for the thermogram.
2. Please do not wear deodorant or an anti-perspirant.
3. Please inform us if you have had radiation treatment within the last 6 months.
4. Please do not apply creams, lotions, talcum powder or skin products to/on your upper torso, **including your Face.**
5. **NO FRAGRANCES APPLIED ANYWHERE ON BODY**
6. Men who have a beard or mustache will be well served to shave 48 hours prior to imaging for best facial results (and a more accurate oral pathology evaluation). The facial hair growth (texture and density) on some men completely prohibits an oral pathology evaluation.

Twenty-Four (24) hours prior to your Thermogram:

1. Please do not use analgesic creams, balms, magnets or poultices.
2. Please do not shave under your arms.
3. Please do not have chiropractic care, physical therapy, massage therapy or dental work before you arrive.

Four (4) hours prior to your Thermogram:

1. Please do not have a hot shower.
2. Please do not use seat warmer in your car.
3. Please do not consume caffeine (coffee, tea, chocolate).
4. Please do not consume/use nicotine.
5. Do not brush your teeth or use mouthwash.
6. Please do not exercise
7. Drink 'room temperature' water on the day of your scan (nothing hot, nothing cold), but **STOP drinking water (or liquids) whether room temperature or not, and eat NOTHING for 1 hour prior to your scan.** No liquids, no solids, no chewing gum, no chewing tobacco, no smoking, no candy, mints or breath fresheners. It's best to avoid chewing meat altogether on day of your scan, or anything 'tough' or 'hard' or 'spicy.' Do not consume metabolic stimulants such as energy drinks.

One (1) hour prior to your Thermogram:

1. Avoid rubbing your face, neck or ears. **This is not easy.** It requires concentration. In fact, try to avoid touching your face, especially around your mouth.
2. In the hour preceding your scan, do not talk on your cell phone or cordless phone. If you have an emergency, use a corded phone that does not emit Electromagnetic Frequencies (EMFs), or use your cell's speaker phone capability and hold the phone as far from your head as possible. Cell phone and cordless phone use dramatically increase inflammation in the head.

With my signature below, I consent to having the Oral Imaging.

Client Signature _____

Date: _____

Client Name Printed - _____